**DISHES AND THEIR ALLERGEN CONTENT** – Holycow Fine Indian Food Ltd (please note: We can't guarantee our products are allergen free. If you have an allergen concern, please ask with our member of staff before you make an order.)

DISHES						Lupin Flour	Milk		MUSTARD			SSAM		Beer
	Celery	Gluten	Crustaceans	Eggs	Seafood/Fish	Lupin	Dairy/Milk	Mollusc	Mustard	Cashew/ Nuts	Peanuts	Sesame seeds	Soya	Sulpl Diox
Vegetable Pakora		1							1					
Onion Pakora				1										
Vegetable Samosa		1							1					
Lamb Samosa		1												
Chicken Pakora		1							1					
Seti Salmon					1		1		1					
Lamb Kebab							1		1					
Murg Kebab							1		1					
Lahori King Prawn			1				✓		1					

Murg Special Kebab				<b>/</b>				
Sish Kebab Lamb				1				
Tandoori Mix Grill		<b>✓</b>	<b>✓</b>	1	1			
Paneer Nawabi				1	1			
Mixed Vegetable Korma				1	1	✓		
Mixed Vegetable Curry				1	1			
Vegetable Jaiselmer				1	1	<b>✓</b>		
Pudina Paneer				1	1			
Saag Paneer				<b>✓</b>				
Muttar Paneer				1				
Machli Malekhu	1		1	1	1			
Machli Masala			1	1	1	1		
King Prawn Jafrani		1	1	1	1	✓		

Saliza King Prawn	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>			
Prawn Patia	✓	<b>✓</b>	<b>✓</b>	<b>✓</b>			
Prawn Bhuna	<b>✓</b>	1	1	<b>✓</b>			
King Prawn Saag	<b>✓</b>	1	1	<b>✓</b>			
Salmon Royale		1	1	<b>✓</b>	1		
Lamb Tikka Masala			1	<b>✓</b>	1		
Chilli Lamb			1	<b>✓</b>			
Parbat Lamb			1	<b>✓</b>			
Saag Gosht			1				
Lamb Rogan			1				
Lamb Bhuna			1				
Lamb Badami			1	1	1		
Minty Lamb			1	1			
Murg Korma			1		1		

Murg Masala			<b>✓</b>	<b>✓</b>	<b>✓</b>	
Butter Chicken			<b>✓</b>	•	<b>✓</b>	
Murg Malayalam			<b>✓</b>	1	1	
Murg Jaiselmer			<b>✓</b>		1	
Murg Madurai			✓	1		
Murg Magalore			<b>✓</b>			
Murg Dansak Mitho			1			
Murg Palung			✓			
Murg Bhuna			1			
Vegetable Biryani			1	1		
Lamb Biryani			1	1		
Chicken Biryani			1	1		
King Prawn Biryani	<b>✓</b>	<b>✓</b>	<b>✓</b>	1		
Tarka Daal			<b>✓</b>			

Daal Hariyali		
Parbate Daal		
Aloo Farsi		
Kabuli Mushroom		
Palak		
Bhindi Bhaji		
Chana Masala		
Mumbai Aloo		
Aloo Gobi		
Aloo Palak		
Gobi Sabji		
Pathani Baigan		
Pilau Rice		
Plain Rice		

Mushroom Rice			<b>✓</b>	1		
Plain Naan	<b>✓</b>	✓	<b>✓</b>			
Peshwari Naan	1	1	<b>✓</b>		/	
Garlic Naan	<b>✓</b>	✓	<b>✓</b>			
Kulcha Naan	<b>✓</b>	<b>✓</b>	<b>✓</b>	1		
Keema Naan	<b>✓</b>	<b>✓</b>	<b>✓</b>			
Paratha	<b>✓</b>		<b>✓</b>			
Tandoori Roti	1		<b>✓</b>			
Raita			<b>✓</b>			
Mint Yoghurt			<b>✓</b>			
Mixed Pickle				1	<b>✓</b>	
Lime Pickle				1	1	
Mango Chutney						
Salad						

Mango Lassi				✓				
Coconut Lassi				1		1		
Sweet Lassi				✓				
Salty Lassi				1				
Plain Popadom								
Spiced Popadom								

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Reviewed by: Suman Sharma



You can find this template, including more information at www.food.gov.uk/allergy